

This informative program is for families, friends and caregivers of persons with Alzheimer's disease or related dementia. It is designed to enhance your understanding of the disease; how it affects those who have it; and how to effectively deal with it day-to-day.

## Thursday, November 5th

Virtual Presentation

9 - 11:30 am

Registration deadline is November 2, 2020. Register by emailing teena-monk-gerber@ alzwisc.org or by calling 608-843-3544. Free and open to the public.



Keri Olson

Finding balance when busy seems to be the only word you know: thoughts for those who care for others.

Thanksgiving every day: adding joy to your life by adopting an attitude of gratitude.

Keri Olson is a three-time cancer survivor of benign neurological tumors including one that caused temporary chest-down paralysis. Keri is also a former family caregiver, sharing her wisdom with audiences about blessing and joy.



Pam Kul-Berg



Teena Monk-Gerk

Community resources: what every caregiver should know.

Teena Monk-Gerber, Dementia Outreach Specialist with the Alzheimer's & Dementia Alliance of Wisconsin (ADAW) and Pam Kul-Berg, Dementia Care Specialist with the Aging & Disability Resource Center of Green County (ADRC) will partner to present this session.



Shirley Kelter

The gift of presence: how we are present to a person with dementia changes as their condition changes them.

Through sharing stories, Shirley Kelter, Chaplain at Monroe Clinic, will offer ideas on how to be present in meaningful ways.







